

NATURE TRAILS IN CASTILE-LA MANCHA, MADRID AND EXTREMADURA



Guide to the
Nature Trails
of Spain

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Here, the Nature Trails running through Castile-La Mancha are briefly described. Among them, middle distance routes, such as the Trenlillo Greenway, the Sierra de Alcaraz or Guadalimar, longer trails such as Villuercas o Jara or really long trails, such as those that follow the rivers Guadiana and Tagus.

La Mancha Wetlands (Ciudad Real, Cuenca, Toledo). The trail follows a 150 km route along a series of disperse lagoons with great natural value, located in the northeastern part of the province of Ciudad Real and the southeastern part of the province of Toledo. These lagoons are unique in terms of their botanical and zoological value, where a large number of birds and other animals, live, breed or rest. For this reason, these areas enjoy protection at several levels, both regional and international.

Lozoya Valley (Madrid). This 31.7 km long nature trail is composed by five different hikes or complementary routes by which the traveller may know the southern side of the Guadarrama, a valley dotted with shrines hidden among century-old pines and in which the River Lozoya is a constant presence. Among its rich biodiversity, severely endangered species such as the Spanish imperial eagle or the nocturnal Spanish moon moth (*Graellsia isabellae*) stand out.

River Rivera de Acebo (Cáceres). This trail across the province of Cáceres is formed by seven paths which all have their starting point either in the El Jevero recreational area or in the paths that start there. In this point located 2 km away from Acebo, the traveller may enjoy a swim in the natural pools in the River Rivera de Acebo before of after the hike.

Cáceres- Badajoz corredor (Cáceres, Badajoz). This nature trail runs along 176,3 km, starting at the south of the city of Cáceres



River Tagus Nature Trail

MORE INFORMATION:

www.mapama.gob.es/en/desarrollo-rural/temas/caminos-naturales

NIP0: 013-17-167-6

WALKS THROUGH THE SOUTHERN MESA

The 13 Nature Trails that are described in this booklet are located in a large area covering three Autonomous Communities (Madrid, Extremadura y Castile-La Mancha), which is vertebrated by its two main rivers, River Tagus and River Guadiana. This large area hides many landscapes and secluded areas, both natural and historical, for the walker to enjoy.



Las Villuercas Nature Trail

Sierra de Alcaraz Greenway (Albacete) (TRAIL NETWORK).

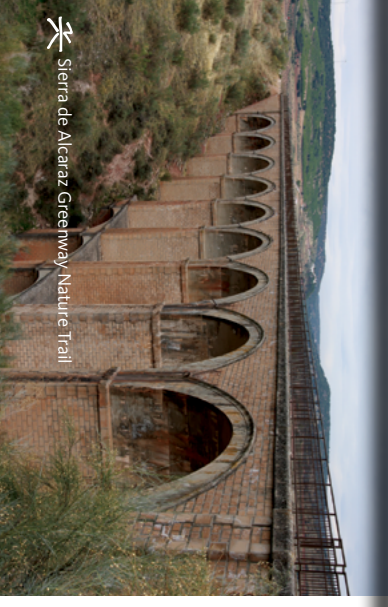
This trail follows the layout of the Bezaa-Utiel railline, which was part of a continuous rail network intended to connect Andalusia and France by Eastern Spain. The trail is formed by three sections: El Jardín-Santuario de Cortes (573 km), Albacete-Balazote (30.1 km) and Reolid (19.5 km).

Las Villuercas (Cáceres, Toledo). This trail runs along the Las Villuercas region across the municipalities of Logrosoán, Cañamero, Guadalupe and Alía, in the province of Cáceres, and the municipality of Puerto de San Vicente, in the province of Toledo. Its creation allows to link the Vegas del Guadiana Nature Trail (Cáceres, Extremadura) and the Jara Nature Trail (Toledo, Castilla-La Mancha), creating a trail of 185 km across an intensely beautiful landscape.

River Guadiana (Albacete, Cuenca, Ciudad Real, Badajoz, Huelva). The River Guadiana, 818 km long, is the second longest river in the Iberian Peninsula. This nature trail covers this distance in 44 stages, and is interrupted when the river crosses into Portugal, going back to Spain, all along the Portuguese border, in the Huelva side, before reaching into the Atlantic sea.

River Tagus (Teruel, Cuenca, Guadaluajara, Madrid, Toledo, Cáceres). This trail forms a plural and diverse layout over more than 1,000 km heading to the Atlantic Ocean at the Western Coast of the Iberian Peninsula. From the Montes Universales, in the Sierra de Albarracín, where the source of the Tagus is located, the trail crosses the provinces of Teruel, Cuenca, Guadaluajara, Madrid, Toledo and, finally, Cáceres. The trail ends here, but the Tagus continues across Portugal to Lisbon.

Cañada Real Soriana Oriental (Madrid). This route goes through the southeast of Madrid, following the layout of the Cañada Real Soriana Oriental drovers' road, one of the nine Cañadas Reales or Royal Drovers' Road in the Peninsula, allowing the traveller to enjoy this agricultural landscape all the way to Fuentidueña de Tajo.



Sierra de Alcaraz Greenway Nature Trail



Cañada Real Soriana Oriental Nature Trail



María Cristina Canal and its branches Nature Trail

