

NATURE TRAIL SORT I LA VAL D'ÀSSUA



Guide to the
Nature Trails
of Spain



SECTOR NORTHEASTERN PENINSULAR NATURE TRAIL SORT I LA VAL D'ÀSSUA

This nature trail is made up by a series of routes going around a main trail which is divided into six sections, among the towns of Sort, Olp, Altron, Sauri, Llessui, Les Bordes de Llessui and el Pas de Mainera. There are twelve secondary routes connected to this main path.

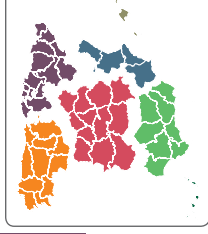
SORT TO OLP

1. The route begins in the town of Sort, the capital of Pallars Sobirà, where you can visit the castle of Los Condes de Pallars, the prison-museum of the Camino de la Libertad, or the church of Sant Felu. From the town centre, the trail runs along tracks, pastures and bridledways until it reaches the town of Olp, where you can visit the church of La Madre de Dios de la Purificación or de la Candelera, the ruins of the church of San Pedro or the beautiful views of the valley from the shrine of San José. There are five alternative routes starting from this first section. You can take a circular route that takes you closer to Bressui via a bridledway, climb up the Noguera Pallaresa river until Reallp, visit the flood protection hilllock in order to enjoy a great view of the river, and visit the Matraca Fountain or the town of Castellvíny.

OLP TO ALTRÓN

2. From Olp, the route makes its way among meadows, pastures and tree-lined hedges, passing by the shrine of Sant Josep, a magnificent viewpoint over the valley, and the shrine of Mare de Déu de Montserrat, until it reaches the

town of Altron, where you can visit unique buildings such as the church of San Sadurní or Sant Serni, the chapel of Montserrat or of El Roser and the Subirà ascetra house, one of the most powerful houses of the Vall d'Àssua during the 18th century. From Olp, you can choose to take a bridledway that goes among pastures and hillsides covered in mixed hardwood to visit the town of Pujalt, where there is an interesting butterfly museum. From Pujalt, you can go back to Sort by descending among dense hardwood forests, reaching the path to Bressui.



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3. From Altron, the route, which offers great views of the area surrounding Altron and Sorre, continues over a hillside crossing small meadows, on the flattest land, and thick hazelnut and mixed hardwood forests on the sloped land. After passing the last meadow, you will arrive at the course of the Boigues river, then cross two ravines via walkways in order to climb up a path to Sauri. One of the alternative routes of the main trail takes you to a circular path that passes by the Fuente de Libeto.

ALTRÓN TO SAURI

4. This stage of the trail begins at the church of San Victor in Sauri, where a concrete track emerges and subsequently turns into a bridledway leading to Llessui. It is worth noting the unique church of San Pere, which has its entrance under the bell tower, and also the church of San Julián. From Sauri you can take a secondary diversion

SAURI TO LLESSUI

5. Starting at the surrounding area of the church of Llessui, this stretch climbs up among meadows until it reaches the Sant Jaume viewpoint. When the gradient changes, the trail continues, accompanied by beautiful panoramic views of the valley and of the rock hillsides of the course of the Berasti-Rialbo river, until it reaches the area of Les Bordes.

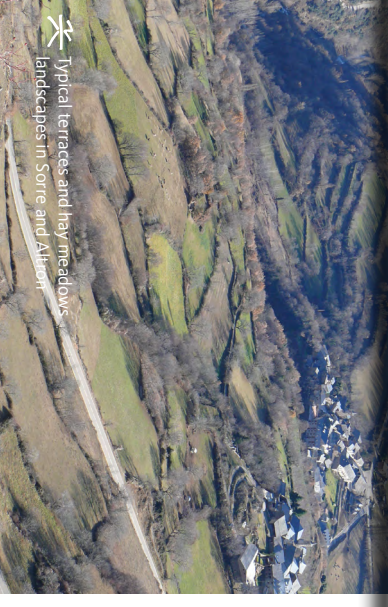
LES BORDES DE LLESSUI TO EL PAS DE MAINERA

6. The final stage of this route runs along tracks and paths, crossing several ravines and getting blurred at some points, until it reaches the left riverbank of the Berasti river. Until el Pas de Mainera, the trail offers spectacular views of this high-mountain valley, through hillside pastures, a mass of hazelnut trees, patches of mountain juniper berry and the amazing high course of the Berasti river, with its rapids and small waterfalls.

BETWEEN THE VALLEY AND THE MOUNTAINS OF LLEIDA

Far from the noise of the large cities and the most populated areas, the Sort i la Vall d'Àssua takes us into the corners of the Lleida region of El Pallars Sobirà, a mountainous area strewn with picturesque villages that are home to unique churches and medieval castles, which survive in the middle of the countryside and are spread across the different valleys that all lead to the Noguera Pallaresa, river its main channel of communication.

El Pallars Sobirà, in the province of Lleida, is the region with the most protected areas in Catalonia, spread around the Aiguestortes i Estany de Sant Maurici and the Alt Pirineu Natural Park. It is here that you can find the largest lake in the Pyrenees, that of Certascan, and the highest peak in Catalonia, the Pica d'Estat.



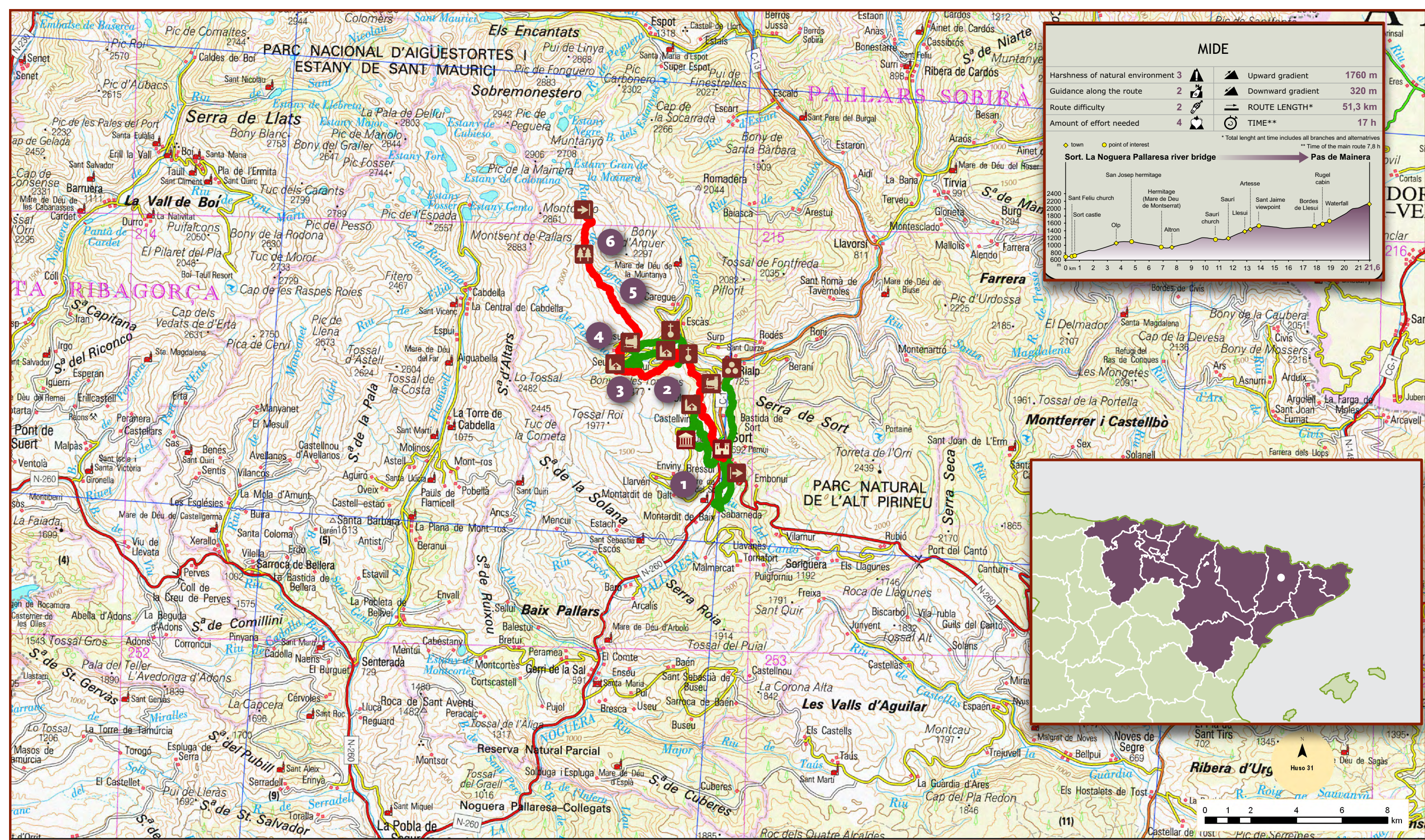
Typical terraces and hay meadows
landscapes in Sorre and Altron



Walkway over the Noguera Pallaresa river, as
you reach Reallp



View of the Alto Pirineo in Lleida, from the
shrine of Sant Josep d'Olp

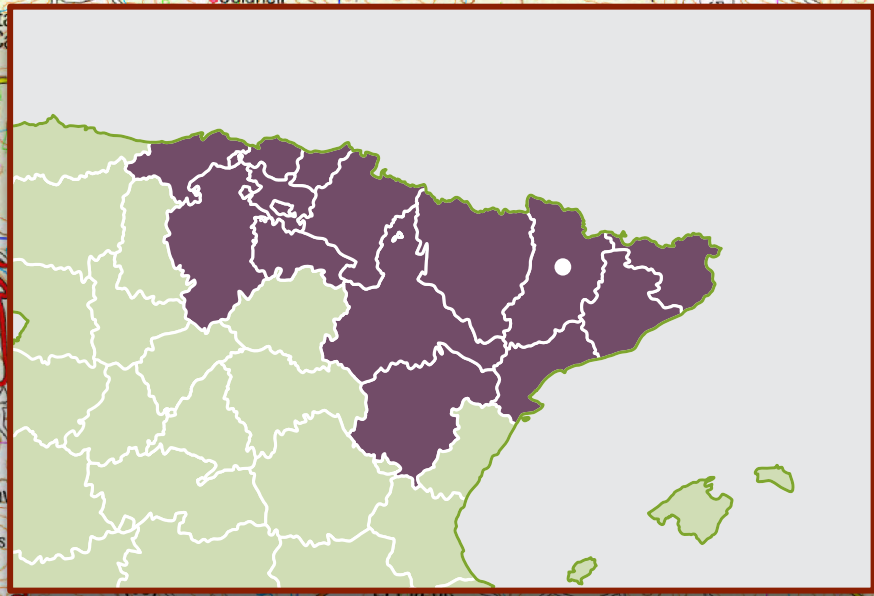


MIDE

Harshness of natural environment	3	▲ Upward gradient	1760 m
Guidance along the route	2	▼ Downward gradient	320 m
Route difficulty	2	→ ROUTE LENGTH*	51,3 km
Amount of effort needed	4	⌚ TIME**	17 h

* Total length and time includes all branches and alternatives
** Time of the main route 7,8 h

Sort. La Noguera Pallaresa river bridge → Pas de Mainera



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NATURE TRAIL SORT I LA VAL D'ASSUA

- Starting point
- End of trail
- Cabin
- Religious building
- Viewpoint
- Monument
- Bridge
- Ruins
- Parking lot
- Feature of environmental interest